

INSTRUCTIONS FOR PROSTATE BIOPSY

1. Please do not take Aspirin or any kind of blood thinners for a week prior to the prostate biopsy.
2. Have your normal meals on the morning of the biopsy.
3. Do not take your blood pressure pill on the morning of the biopsy.
4. If you are diabetic take your diabetes medication as usual.
5. You have been provided a blood work requisition to be performed prior to your biopsy. Please do this test at any lab, no preparation, 1 - 2 weeks prior to your test.
6. Please also purchase a **FLEET ENEMA** from any pharmacy and use it on the morning of your biopsy. **Follow the enclosed instructions.**

7. You have been prescribed 2 different antibiotics.

I. Ciprofloxacin 500 mg to be started 1 day before the biopsy and continue for 3 days

II. Fosfomycin (Monurol) 3g powder to be mixed in water and taken 2 hours before biopsy.

If after the prostate biopsy you notice fever or chills, please go to the nearest emergency and also call my office.